

NASU Swimming Database

RECORDS NASFED SC

SC Meters-Women

9-10	100 Back	1:16.03	4-Sep-21	AQUA	Roselinda Matyayi - SC 5 (MAC) - 3 & 4 Sep '21
	200 Medley Relay	3:01.79	18-Sep-09	NASU	NASU Relay - Oberholzer, Majewski, Adelaar, Jager ('09)
11-12	50 Free	28.95	8-Jun-16	DOL	Viktoria Ellmies - NASU Night League 1 (June '16)
	100 Free	1:02.62	25-Sep-15	DOL	Joanne Liebenberg - Namibia National SC Champs (July '15)
	50 Fly	31.20	23-Sep-21	PHOEN	Esmeralda Nel - SC Nationals 2021
12 & U	200 Free	2:18.96	11-Jun-16	DOL	Viktoria Ellmies - NASU SC Gala 1 (June '16)
	400 Free	4:47.67	5-Sep-15	DOL	Joanne Liebenberg - NASU SC Gala 4 (Sep '15)
	1500 Free	19:10.95	21-Jun-14	DOL	Joanne Liebenberg - NASU SC Gala 2 (June '14)
13-14	800 Free	9:33.92	25-Aug-16	DOL	Joanne Liebenberg - SA SC Champs (Aug '16)
	1500 Free	19:09.80	6-Jul-18	DOL	Viktoria Ellmies - NASU SC Gala 2 (Jul '18)
	200 Free Relay	1:59.76	18-Sep-09	NASU	NASU Relay - Cloete, Briedenhann, Meadon-Torbitt, Beukes (Sep '09)
	200 Medley Relay	2:18.78	18-Sep-09	NASU	NASU Relay - Meadon-Torbitt, Schalken, Briedenhann, Cloete (Sep '09)
15-16	1500 Free	17:58.34	27-Oct-18	DOL	Joanne Liebeneberg - SC Nationals (Oct '18)
	200 Medley Relay	2:10.16	12-Jul-19	DOL	Dolphins Relay - T. Esslinger, H. Stergiadis, J. Liebenberg, V. Ellmies (Jul '19)
45 & O	50 Free	35.09	23-Sep-21	MAC	Jane Samson - SC Nationals 2021
	50 Breast	44.99	7-Sep-18	NSA	Jane Samson - NASFED SC Gala 4 (Sep '18)
	50 Fly	38.97	23-Sep-21	MAC	Jane Samson - SC Nationals 2021
Open	1500 Free	17:58.34	27-Oct-18	DOL	Joanne Liebenberg - SC Nationals (Oct '18)

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SC Meters-Men

9-10	50 Free	30.32	15-May-15	DOL	Bernhardt van der Walt - Night League (May '15)
	50 Back	34.56	17-Jun-15	DOL	Bernhardt van der Walt - Night League 2 (June '15)
	200 Free Relay	2:31.25	17-Jun-15	DOL	Dolphins Relay - Von Alvensleben, Burger, Bruwer, Van der Walt (Jun '15)
	200 Medley Relay	2:45.87	12-Jul-19	AQUA	Aqua Relay - L. Esterhuizen, E. Nakaleke, K. Benade, M. Tibazarwa
	400 Medley Relay	6:09.90	21-Jun-19	AQUA	Aqua Relay - L. Esterhuizen, E. Nakaleke, M. Tibazarwa, K. Bena
11-12	200 Free Relay	2:02.01	2-Jul-16	DOL	Dolphins Relay - Bernhard, Friederich, Christopher, Mikah
13-14	200 Free Relay	1:54.91	18-Sep-09	NASU	NASU Realy - Winkler, Lamprecht, Peens, Brock (Sep '09)
45 & 0	50 Free	28.64	12-Jul-19	DOL	Alexander Skinner - SC Gala 3 (July '19)
	50 Fly	32.46	12-Jul-19	DOL	Alexander Skinner - SC Gala 3 (Jul '19)
Open	50 Fly	25.66	17-Aug-14	DOL	Nicolaas Deacon - SC Champs 2014
	400 Medley Relay	4:15.00	21-Jun-19	NSA	NSA Relay - De Jager, Wantenaar, Canjulo, Fitzpatrick (June '19)

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RECORDS NASFED SC**SC Meters-Mixed**

9-10	400 Free Relay	5:26.60	12-Jul-19	AQUA	Aqua Relay - Tibazarwa, Nitsche, Kapapa, Nakaleke (Jun '19)
17-18	400 Free Relay	4:00.16	12-Jul-19	DOL	Dolphins Relay - V. Ellmies, H. Stergiadis, M. Henning, A. Wellmann (Jul '19)