

Namibia Swimming Federation - Database

RECORDS NASFED SC

SC Meters-Women

9-10	200	Medley Relay	3:01.79	18-Sep-09	NASU	NASU Relay - Oberholzer, Majewski, Adelaar, Jager ('09)
11-12	50	Free	28.95	8-Jun-16	DOL	Viktoria Ellmies - NASU Night League 1 (June '16)
	100	Free	1:02.62	25-Sep-15	DOL	Joanne Liebenberg - Namibia National SC Champs (July '15)
	50	Fly	31.20	23-Sep-21	PHOEN	Esmeralda Nel - SC Nationals 2021
12 & U	200	Free	2:18.96	11-Jun-16	DOL	Viktoria Ellmies - NASU SC Gala 1 (June '16)
	400	Free	4:47.67	5-Sep-15	DOL	Joanne Liebenberg - NASU SC Gala 4 (Sep '15)
	1500	Free	19:10.95	21-Jun-14	DOL	Joanne Liebenberg - NASU SC Gala 2 (June '14)
13-14	800	Free	9:33.92	25-Aug-16	DOL	Joanne Liebenberg - SA SC Champs (Aug '16)
	1500	Free	19:09.80	6-Jul-18	DOL	Viktoria Ellmies - NASU SC Gala 2 (Jul '18)
	200	Free Relay	1:59.76	18-Sep-09	NASU	NASU Relay - Cloete, Briedenhann, Meadon-Torbitt, Beukes (Sep '09)
15-16	1500	Free	17:58.34	27-Oct-18	DOL	Joanne Liebenebrg - SC Nationals (Oct '18)
	200	Medley Relay	2:10.16	12-Jul-19	DOL	Dolphins Relay - T. Esslinger, H. Stergiadis, J. Liebenberg, V. Ellmies (Jul '19)
45 & O	50	Free	34.19	8-Oct-21	SWA	Lucy Louw at BWK NASFED LC-SC (SWA) Gala 1 08-09 Oct 21
	50	Breast	44.18	2-Sep-22	MAC	Jane Samson at NASFED SC Gala 5 (02 - 03 SEP) - WHK
Open	1500	Free	17:58.34	27-Oct-18	DOL	Joanne Liebenberg - SC Nationals (Oct '18)

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SC Meters-Men

9-10	50 Free	30.32	15-May-15	DOL	Bernhardt van der Walt - Night League (May '15)
	50 Back	34.56	17-Jun-15	DOL	Bernhardt van der Walt - Night League 2 (June '15)
	200 Free Relay	2:26.79	21-Jun-19	DOL	Dolphins Swimming Club R. McNamara, J. Langford, N. Jiao, L. Ellis
	200 Medley Relay	2:45.87	12-Jul-19	AQUA	Aqua Relay - L. Esterhuizen, E. Nakaleke, K. Benade, M. Tibazarwa
	400 Medley Relay	6:09.90	21-Jun-19	AQUA	Aqua Relay - L. Esterhuizen, E. Nakaleke, M. Tibazarwa, K. Bena
11-12	200 Free Relay	2:02.01	2-Jul-16	DOL	Dolphins Relay - Bernhard, Friederich, Christopher, Mikah
13-14	200 Free Relay	1:48.29	29-Jul-22	DOL	Dolphins Swimming Club L. Kinnaird, F. Steyn, M. Bauernschmitt, O. Dur
45 & 0	50 Free	28.64	12-Jul-19	DOL	Alexander Skinner - SC Gala 3 (July '19)
	50 Fly	32.46	12-Jul-19	DOL	Alexander Skinner - SC Gala 3 (Jul '19)
Open	50 Fly	25.66	17-Aug-14	DOL	Nicolaas Deacon - SC Champs 2014
	400 Medley Relay	4:15.00	21-Jun-19	NSA	NSA Relay - De Jager, Wantenaar, Canjulo, Fitzpatrick (June '19)

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RECORDS NASFED SC**SC Meters-Mixed**

9-10	400 Free Relay	5:26.60	12-Jul-19	AQUA	Aqua Relay - Tibazarwa, Nitsche, Kapapa, Nakaleke (Jun '19)
17-18	400 Free Relay	4:00.16	12-Jul-19	DOL	Dolphins Relay - V. Ellmies, H. Stergiadis, M. Henning, A. Wellmann (Jul '19)