

NASFED SWIM CALENDAR 2022-2023 LONG COURSE (UPDATED VERSION)

GALA DETAILS				EVENT DETAILS																					
Gala	Dates	Venue	Host	Free						Back			Breast			Fly			IM			RELAYS			
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400	FREE	MEDLEY	MIX FREE	MIX MEDLEY
BW NASFED LC GALA 4	27 JANUARY 2023	Olympia	PHOENIX		X					X					X										
	28 JANUARY 2023	Olympia	PHOENIX			X		X					X			X	X					4X100		4X50	4X50
BANK WINDHOEK NAM LC NAT CHAMPS	23 FEBRUARY 2023	Olympia	NASFED					X	X							X									
	24 FEBRUARY 2023	Olympia	NASFED				X				X			X								4X50	4X100		
	25 FEBRUARY 2023	Olympia	NASFED		X	X				X	X		X	X			X					4X100	4X50		
	26 FEBRUARY 2023	Olympia	NASFED	X														X				4X200			
SA LEVEL 2 CHAMPS	3 - 5 MARCH 2023	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
OTB OANOB OWS	4 MARCH 2023	Oanob	OTB	5 KM OW RACE																					
	5 MARCH 2023	Oanob	OTB	SPRINT EVENTS																					
AQUAPENTATHLON	18 MARCH 2023	Olympia	NASFED	8&U	X					8&U	X					8&U	X								
SA JUNIOR NATIONALS	21 -25 March 2023	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA LEVEL 3 CHAMPS	31 MARCH - 3 APRIL 23	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA SENIOR NATIONALS	11 -16 APRIL 2023	Gqebehra	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
CANA ZONE IV	26 -29 APRIL 2023	Malawi	CANA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
CANA ZONE IV	30 APRIL 2023	Malawi	CANA	OWS EVENT																X	X	X	X		

NASFED SWIM CALENDAR 2023-2024 SHORT COURSE

GALA DETAILS				EVENT DETAILS																							
Gala	Dates	Venue	Host	Free						Back			Breast			Fly			IM			RELAYS					
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400	FREE	MEDLEY	MIX FREE	MIX MEDLEY		
NASU SC GALA 1	12 MAY 2023	ORA	ORA										X														
	13 MAY 2023	ORA	ORA	X		X					X				X		X			X							
NASU AGM	3 JUNE 2023	TBC	NASFED	NASFED AGM																							
NASU SC GALA 2	16 JUNE 2023	DOL	DOL				X			X						X								4X100			
	17 JUNE 2023	DOL	DOL	X	X						X		X			X						X					
NASU SC GALA 3	21 JULY 2023	DOL	PHOE											X	X				X					4X50			4X100
	22 JULY 2023	DOL	PHOE			X		X		X		X									X						
WORLD CHAMPS (OWS)	W - 15 JULY 2023	Fukuoka, Japan	WA	10 KM OW MARATHON																							
	M - 16 JULY 2023	Fukuoka, Japan	WA	5 KM OW RACE																							
	W/M - 18 JULY 2023	Fukuoka, Japan	WA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
WORLD CHAMPS (LC)	23 - 30 JULY 2023	Fukuoka, Japan	WA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2023 CYG	1 - 11 AUGUST 2023	Trinidad Tobago	IOC	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
2023 AAG	4 - 19 AUGUST 2023	Ghana	NSC	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA SC NAT CHAMPS	10 - 13 AUGUST 2023	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
NASU SC GALA 4	11 AUGUST 2023	MAC	AQUA	X							X													4X50	4X100		
	12 AUGUST 2023	MAC	AQUA		X		X			X				X		X	X										
NASU SC GALA 5	1 SEPTEMBER 2023	MAC	MAC										X			X				X			4X200				
	2 SEPTEMBER 2023	MAC	MAC		X					X	X		X		X		X			X							
2023 AJSC (SW/OWS)	6 - 10 SEPTEMBER 2023	Khartoum, Sudan	CANA																				X	X	X	X	
NAM SC NAT CHAMPS	28 SEPTEMBER 2023	Swakopmund	NASFED				X		X		X		X		X		X									X	
	29 SEPTEMBER 2023	Swakopmund	NASFED			X		X				X			X				X							X	
	30 SEPTEMBER 2023	Swakopmund	NASFED	X						X	X			X													
	1 OCTOBER 2023	Swakopmund	NASFED		X											X					X						
NASU PRIZE-GIVING	30 SEPTEMBER 2023	Swakopmund	NASFED	NASFED PRIZE-GIVING																							

Total of each event swam in NASFED SC Galas (excluding Nationals)

3 3 2 2 1 1 3 3 2 3 3 2 3 3 2 3 3 2 3 3 2

NASFED SWIM CALENDAR 2023-2024 LONG COURSE

GALA DETAILS				EVENT DETAILS																								
Gala	Dates	Venue	Host	Free						Back			Breast			Fly			IM			RELAYS						
				50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	100	200	400	FREE	MEDLEY	MIX FREE	MIX MEDLEY			
BW NASFED LC GALA 1	20 OCTOBER 2023	Olympia	DOL		X					X						X												
	21 OCTOBER 2023	Olympia	DOL	X				X			X			X														4X100
PUPKEWITZ INTERSCHOOL GALA	27 OCTOBER 2023	Olympia	NASFED	PUPKEWITZ INTERSCHOOL GALA																								
	28 OCTOBER 2023	Olympia	NASFED																									
BW NASFED LC GALA 2	10 NOVEMBER 2023	Olympia	AQUA					X			X			X			X											
	11 NOVEMBER 2023	Olympia	AQUA	X		X				X				X												4X50	4X50	4X100
BW NASFED LC GALA 3	1 DECEMBER 2023	Olympia	MAC							X			X			X												
	2 DECEMBER 2023	Olympia	MAC	X			X				X			X			X			X							4X100	
NCASA CHAMPIONSHIPS	December/TBC	Kimberley	NCASA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
NTS CHAMPIONSHIPS	December/TBC	Hillcrest	NTS	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
BW NASFED LC GALA 4	26 JANUARY 2024	Olympia	PHOE		X					X				X														
	27 JANUARY 2024	Olympia	PHOE			X		X					X			X	X									4X100		4X50
BANK WINDHOEK NAM LC NAT CHAMPS	22 FEBRUARY 2024	Olympia	NASFED					X	X							X												
	23 FEBRUARY 2024	Olympia	NASFED				X				X			X	X											4X50	4X100	
	24 FEBRUARY 2024	Olympia	NASFED		X	X				X	X			X	X											4X100	4X50	
	25 FEBRUARY 2024	Olympia	NASFED	X																				X				
SA JUNIOR NATIONALS	TBC	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA LEVEL 3 CHAMPS	TBC	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA LEVEL 2 CHAMPS	TBC	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
SA NATIONAL CHAMPS	TBC	TBC	SWIM SA	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
FINA AQUATIC DAY	MARCH 2024	TBC	NASFED	FINA AQUATIC DAY																								
AQUAPENTATHLON	23 MARCH 2024	Olympia	NASFED	8&U	X					8&U	X					8&U	X											

Total of each event swam in NASFED LC Galas (excluding Nationals & Aquapentathlon) **3 2 2 2 2 2 3 2 2 3 2 2 3 2 2 0 2 2**

ORDER OF EVENTS FOR NASFED GALAS 2023-2024 SHORT COURSE

NASFED SC GALA 1		ORANJEMUND	
HOST: ORA			
FRIDAY 12th MAY 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		1500 Free	1500 Free
50 Breast	50 Breast	50 Breast	50 Breast
20 minutes break			
200 IM	200 IM	200 IM	200 IM
15 minutes break			
Relay: 4 x 100 Medley			

NASFED SC GALA 1		ORANJEMUND	
HOST: ORA			
SATURDAY 13th MAY 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Free	200 Free
50 Fly	50 Fly	50 Fly	50 Fly
20 minutes break			
100 IM	100 IM	100 IM	100 IM
50 Free	50 Free	50 Free	50 Free
20 minutes break			
		200 Breast	200 Breast
	100 Back	100 Back	100 Back

NASFED SC GALA 2		DOLPHINS	
HOST: DOL			
FRIDAY 16th JUNE 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		400 Free	400 Free
20 minutes break			
50 Back	50 Back	50 Back	50 Back
	100 Fly	100 Fly	100 Fly
15 minutes break			
RELAY: 4 x 100 Free			

NASFED SC GALA 2		DOLPHINS	
HOST: DOL			
SATURDAY 17th JUNE 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		400 IM	400 IM
	100 Breast	100 Breast	100 Breast
20 minutes break			
50 Free	50 Free	50 Free	50 Free
		200 Back	200 Back
20 minutes break			
	100 Free	100 Free	100 Free
		200 Fly	200 Fly

NASFED SC GALA 3		DOLPHINS	
HOST: PHOE			
FRIDAY 21st JULY 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Breast	200 Breast
50 Fly	50 Fly	50 Fly	50 Fly
20 minutes break			
100 IM	100 IM	100 IM	100 IM
15 minutes break			
RELAYS: 4 x 100 Med. MIX / 4 x 50 Free			

NASFED SC GALA 3		DOLPHINS	
HOST: PHOE			
SATURDAY 22nd JULY 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Free	200 Free
50 Breast	50 Breast	50 Breast	50 Breast
20 minutes break			
200 IM	200 IM	200 IM	200 IM
20 minutes break			
	100 Back	100 Back	100 Back
		800 Free	800 Free

NASFED SC GALA 4		MARLINS	
HOST: AQUA			
FRIDAY 11th AUGUST 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
50 Free	50 Free	50 Free	50 Free
		200 Back	200 Back
20 minutes break			
		400 IM	400 IM
20 minutes break			
RELAYS: 4 x 100 Free MIX / 4 x 50 Medley			

NASFED SC GALA 4		MARLINS	
HOST: AQUA			
SATURDAY 12th AUGUST 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Fly	200 Fly
		400 Free	400 Free
20 minutes break			
	100 Breast	100 Breast	100 Breast
	100 Fly	100 Fly	100 Fly
20 minutes break			
50 Back	50 Back	50 Back	50 Back
	100 Free	100 Free	100 Free

NASFED SC GALA 5		MARLINS	
HOST: MAC			
FRIDAY 1st SEPTEMBER 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
200 IM	200 IM	200 IM	200 IM
20 minutes break			
50 Breast	50 Breast	50 Breast	50 Breast
	100 Fly	100 Fly	100 Fly
15 minutes break			
RELAY: 4 x 200 Free			

NASFED SC GALA 5		MARLINS	
HOST: MAC			
SATURDAY 2nd SEPTEMBER 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
	100 Back	100 Back	100 Back
50 Fly	50 Fly	50 Fly	50 Fly
20 minutes break			
100 IM	100 IM	100 IM	100 IM
50 Back	50 Back	50 Back	50 Back
20 minutes break			
	100 Free	100 Free	100 Free
	100 Breast	100 Breast	100 Breast

Namibia National SC Championships: 28th September – 1st October 2023 (Swakopmund)

ORDER OF EVENTS FOR NASFED GALAS 2023-2024 LONG COURSE

BW LC GALA 1		OLYMPIA	
HOST: DOL			
FRIDAY 20th OCTOBER 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
200 IM	200 IM	200 IM	200 IM
50 Back	50 Back	50 Back	50 Back
20 minutes break			
	100 Free	100 Free	100 Free
		200 Fly	200 Fly

BW LC GALA 1		OLYMPIA	
HOST: DOL			
SATURDAY 21st OCTOBER 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		1500 Free	1500 Free
50 Fly	50 Fly	50 Fly	50 Fly
20 minutes break			
		200 Back	200 Back
50 Free	50 Free	50 Free	50 Free
20 minutes break			
	100 Breast	100 Breast	100 Breast
		400 Free	400 Free
15 minutes break			
RELAY: 4 x 100 Medley MIX			

BW LC GALA 2		OLYMPIA	
HOST: AQUA			
FRIDAY 10th NOVEMBER 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		800 Free	800 Free
50 Breast	50 Breast	50 Breast	50 Breast
20 minutes break			
	100 Back	100 Back	100 Back
	100 Fly	100 Fly	100 Fly

BW LC GALA 2		OLYMPIA	
HOST: AQUA			
SATURDAY 11th NOVEMBER 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Free	200 Free
50 Back	50 Back	50 Back	50 Back
20 minutes break			
		200 Breast	200 Breast
50 Free	50 Free	50 Free	50 Free
20 minutes break			
		400 IM	400 IM
15 minutes break			
RELAYS: 4 x 100 Free MIX / 4 x 50 Free / 4 x 50 Medley			

BW LC GALA 3		OLYMPIA	
HOST: MAC			
FRIDAY 1st DECEMBER 2023 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Back	200 Back
50 Fly	50 Fly	50 Fly	50 Fly
20 minutes break			
	100 Breast	100 Breast	100 Breast
		1500 Free	1500 Free

BW LC GALA 3		OLYMPIA	
HOST: MAC			
SATURDAY 2nd DECEMBER 2023 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
		200 Fly	200 Fly
	100 Back	100 Back	100 Back
20 minutes break			
50 Breast	50 Breast	50 Breast	50 Breast
		400 Free	400 Free
20 minutes break			
200 IM	200 IM	200 IM	200 IM
50 Free	50 Free	50 Free	50 Free
15 minutes break			
RELAY: 4 x 100 Medley			

BW LC GALA 4		OLYMPIA	
HOST: PHOE			
FRIDAY 26th JANUARY 2024 at 15h00			
8 & Under	10 & Under	12 & Under	13 & Over
		400 IM	400 IM
50 Back	50 Back	50 Back	50 Back
20 minutes break			
		200 Breast	200 Breast
	100 Free	100 Free	100 Free

BW LC GALA 4		OLYMPIA	
HOST: PHOE			
SATURDAY 27th JANUARY 2024 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
50 Fly	50 Fly	50 Fly	50 Fly
		200 Free	200 Free
20 minutes break			
50 Breast	50 Breast	50 Breast	50 Breast
	100 Fly	100 Fly	100 Fly
20 minutes break			
		800 Free	800 Free
15 minutes break			
RELAYS: 4 x 100 Free / 4 x 50 Medley MIX / 4 x 50 Free MIX			

AQUAPENTATHLON		OLYMPIA	
HOST: NASFED			
SATURDAY 23RD MARCH 2024 at 8h00			
8 & Under	10 & Under	12 & Under	13 & Over
50 Fly	100 Fly	100 Fly	100 Fly
50 Back	100 Back	100 Back	100 Back
20 minutes break			
50 Breast	100 Breast	100 Breast	100 Breast
50 Free	100 Free	100 Free	100 Free
20 minutes break			
200 IM	200 IM	200 IM	200 IM

Namibia National LC Championships: 22nd – 25th February 2024 (Olympia, Windhoek)



REPUBLIC OF NAMIBIA



06/10/2022

MINISTRY OF EDUCATION, ARTS & CULTURE

2023 CALENDAR FOR GOVERNMENT SCHOOLS

TERM	SCHOOL CALENDAR FOR LEARNERS	SCHOOL DAYS	SCHOOL CALENDAR FOR TEACHERS
First Semester			
First school day	Wednesday, 11 January	96	Monday, 9 January
Midterm Break	Monday, 20 - Friday, 24 March		Monday, 20 - Friday, 24 March
Public Holiday - Good Friday	Friday, 07 April		Friday, 07 April
Public Holiday - Easter Monday	Monday, 10 April		Monday, 10 April
School Break	Monday, 01 - Friday, 05 May		Monday, 01 - Friday, 05 May
Public Holiday - Ascension Day	Thursday, 18 May		Thursday, 18 May
School Holiday	Friday, 19 May		Friday, 19 May
Public Holiday - Africa Day	Thursday, 25 May		Thursday, 25 May
School Holiday	Friday, 26 May		Friday, 26 May
Last school day	Thursday, 15 June		Friday, 16 June
Second Semester			
First school day	Tuesday, 18 July	101	Monday, 17 July
Midterm Break	Monday, 11 - Friday 15 September		Monday, 11 - Friday 15 September
School Holiday - International Teacher's Day	Thursday, 05 October		Thursday, 05 October
School holiday	Friday, 06 October		Friday, 06 October
Last school day	Thursday, 07 December		Friday, 08 December
Total school days for 2023		197	
First Term 2024, First school day (Provisional)	Monday, 15 January 2024		Thursday, 11 January 2024

HOSTEL CALENDAR

TERM	HOSTEL CALENDAR FOR LEARNERS	HOSTEL DAYS	HOSTEL STAFF	TEACHERS	
First Semester					
Hostels open	Tuesday, 10 January	138	Monday, 09 January	Monday, 09 January	
Home Weekend	Friday, 03 February				
Mid-Term Break Start	Monday, 20 - Friday, 24 March				
Hostel re-opens after break	Monday, 27 March				
School Break	Monday, 01 - Friday, 05 May				
Hostel re-opens after break	Monday, 08 May				
Hostels close	Thursday, 15 June		Friday, 16 June	Friday, 16 June	
Second Semester					
Hostels open	Monday, 17 July		147	Friday, 14 July	Friday, 14 July
Home Weekend	Friday, 25 August				
Mid-Term Break Start	Friday 08 September				
Hostel re-opens after break	Sunday, 17 September				
Home Weekend	Friday, 06 October				
Home Weekend	Friday, 03 November				
Hostels close	Thursday, 07 December	Friday, 08 December		Friday, 08 December	
Total Hostel Days		285			
First Term 2024, Hostels Open (Provisional)	Sunday, 14 January 2024		Friday, 12 January 2024	Thursday, 11 January 2024	

Optimum utilisation of school time ensures success

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