

Namibia Swimming Federation - Database

RECORDS NAM. SCHOOLS

LC Meters-Women

8 & U	50 Free	38.20			TESRA BROODRYK	
	50 Back	45.96	30-Oct-09		Zune Weber	St Pauls Primary
	50 Breast	46.20			TESSA BROODRYK	
	50 Fly	45.40	24-Oct-14	STPP	Milah Malan Pupkewitz 2014	
	200 Free Relay	3:01.16			SWA SCHOOLS 86	
10 & U	50 Free	31.18			MONICA DAHL	
	50 Back	36.33			CHRISTINE BRIEDENHANN	
	50 Breast	43.12			MARTINA FORSTER	
	50 Fly	38.82			MONICA DAHL	
	200 Free Relay	2:27.97			SWA SCHOOLS 85	
12 & U	50 Free	29.77	24-Oct-08	STGP	Christine Briedenhann	Pupkewitz 2008
	50 Back	35.29			JUANITA DELANEY	
	50 Breast	39.36	24-Oct-08		Christine Briedenhann	STGEP-
	50 Fly	31.94	24-Oct-08	STGP	Christine Briedenhann	Pupkewitz 2008
	200 Free Relay	2:07.80			DHPS 2004	
14 & U	50 Free	28.50			MONICA DAHL	
	50 Back	34.98	30-Oct-09	STGP	Christine Briedenhann	St Georges Primary
	50 Breast	36.91			GWEN CURRIE	
	50 Fly	32.95			JONAY BRIEDENHANN	
	200 Free Relay	2:06.47			SWA SCHOOLS 88	
16 & U	50 Free	28.21			MONICA DAHL	
	50 Back	30.93	24-Oct-14	WGYMS	Zanré Oberholzer at Pupkewitz Schools Gala 2014	
	50 Breast	35.68	24-Oct-08		Daniella Lindemeier	Pupkewitz 2009
	50 Fly	30.21			MONICA DAHL	
	200 Free Relay	1:54.20			SWA SCHOOLS 90	
19 & U	50 Free	28.44			KIM KIRSTEN	
	50 Back	32.10	24-Oct-14	STPS	Toni Roth at Pupkewitz Schools Gala 2014	
	50 Breast	35.70	30-Oct-09		Daniela Lindemeier	Unattached
	50 Fly	30.81			MONICA DAHL	
	200 Free Relay	1:57.70			SWA SCHOOLS 89	

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LC Meters-Men

8 & U	50 Free	37.92			RICARDO EERENSTEIN
	50 Back	45.72			ALEXANDER SKINNER
	50 Breast	49.00			MARCO MEYER
	50 Fly	47.62			ALEXANDER SKINNER
	200 Free Relay	2:49.28			SWA SCHOOLS 86
10 & U	50 Free	33.21	24-Oct-14	STPP	Mikah K. Burger at Pupkewitz Schools Gala 2014
	50 Back	39.55	24-Oct-08	WAP P	Alexander Skinner 2008
	50 Breast	41.90			RICARDO EERENSTEIN
	50 Fly	36.56			RICARDO EERENSTEIN
	200 Free Relay	2:23.10			SWA SCHOOLS 78
12 & U	50 Free	29.51			QUINTON DELIE
	50 Back	36.74	24-Oct-08	WAP P	Jean-Paul Burger Pupkewitz 2008
	50 Breast	38.45			RICARDO EERENSTEIN
	50 Fly	32.61			HEINRICH MOHRMAN
	200 Free Relay	2:11.75			SWA SCHOOLS 85
14 & U	50 Free	26.52			QUINTON DELIE
	50 Back	31.92			TRISTAN McDONALD
	50 Breast	34.21			RORY SCHANKNECHT
	50 Fly	28.29			QUINTON DELIE
	200 Free Relay	1:58.35			ST PAULS COLLEGE
16 & U	50 Free	25.04	24-Oct-14	DHPSS	Nicolai Fleming at Pupkewitz Schools Gala 2014
	50 Back	29.09	24-Oct-14	DHPSS	Nicolai Fleming at Pupkewitz Schools Gala 2014
	50 Breast	33.07	24-Oct-08		Maximilian Siedentopf DHPSS-
	50 Fly	28.33	24-Oct-08	STP S	Quinton Delie Pupkewitz 2009
	200 Free Relay	1:50.94	24-Oct-14	DHPSS	DHPS Sec Kaumunika, Flemmin, Theissen, Rapp Pupkewitz 2014
19 & U	50 Free	25.13			FRANK DAHL
	50 Back	30.36	24-Oct-08	WG S	Byron Briedenhann Pupkewitz 2008
	50 Breast	31.04	30-Oct-09	DHPSS	Maximilian Siedentopf
	50 Fly	27.43	24-Oct-08		Byron Briedenhann Pupkewitz 2008
	200 Free Relay	1:49.70			SWA SCHOOLS 90