

### Namibia Swimming Federation - Database

#### RECORDS NASFED SC

#### SC Meters-Women

|        |      |              |          |                  |      |   |
|--------|------|--------------|----------|------------------|------|---|
| 8 & U  | 200  | Free Relay   | 3:05.03  | <b>14-Jun-24</b> | DOL  | Dolphins Swimming Club REC SETS. Husselmann, D. McNamara, .           |
| 9-10   | 200  | Free Relay   | 2:30.71  | <b>14-Jun-24</b> | DOL  | Dolphins Swimming Club M. Imbondi, J. Oudshoorn, A. Stoffberg, S      |
|        | 400  | Free Relay   | 5:46.95  | <b>28-Sep-23</b> | DOL  | Dolphins Club at SC Nat 23 S. Glen Spyron, J. Oudshoorn, K. Dipi      |
|        | 200  | Medley Relay | 3:01.79  | <b>18-Sep-09</b> | NASU | NASU Relay - Oberholzer, Majewski, Adelaar, Jager ('09)               |
|        | 400  | Medley Relay | 6:51.82  | <b>28-Sep-23</b> | DOL  | Dolphins at Nam SC Champs 23 K. Dippenaar, J. Oudshoorn, X. H         |
| 11-12  | 100  | Free         | 1:02.62  | <b>25-Sep-15</b> | DOL  | Joanne Liebenberg - Namibia National SC Champs (July '15)             |
| 12 & U | 200  | Free         | 2:18.96  | <b>11-Jun-16</b> | DOL  | Viktoria Ellmies - NASU SC Gala 1 (June '16)                          |
|        | 400  | Free         | 4:47.67  | <b>5-Sep-15</b>  | DOL  | Joanne Liebenberg - NASU SC Gala 4 (Sep '15)                          |
|        | 1500 | Free         | 19:10.95 | <b>21-Jun-14</b> | DOL  | Joanne Liebenberg -NASU SC Gala 2 (June '14)                          |
| 13-14  | 800  | Free         | 9:33.92  | <b>25-Aug-16</b> | DOL  | Joanne Liebenberg - SA SC Champs (Aug '16)                            |
|        | 1500 | Free         | 19:01.90 | <b>28-Sep-23</b> | DOL  | Milan Prinsloo at NASFED BW SC Nationals 2023                         |
|        | 200  | Free Relay   | 1:59.76  | <b>18-Sep-09</b> | NASU | NASU Relay - Cloete, Briedenhann, Meadon-Torbitt, Beukes (Sep         |
| 15-16  | 1500 | Free         | 17:58.34 | <b>27-Oct-18</b> | DOL  | Joanne Liebenebrg - SC Nationals (Oct '18)                            |
|        | 200  | Medley Relay | 2:10.16  | <b>12-Jul-19</b> | DOL  | Dolphins Relay - T. Esslinger, H. Stergiadis, J. Liebenberg, V. Ellmi |
| Open   | 1500 | Free         | 17:58.34 | <b>27-Oct-18</b> | DOL  | Joanne Liebenberg - SC Nationals (Oct '18)                            |

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#### SC Meters-Men

|       |                  |          |                  |      |   |   |
|-------|------------------|----------|------------------|------|---|---|
| 8 & U | 50 Free          | 35.36    | <b>19-Jul-24</b> | DOL  | Guoxuan Huang   | at SC Gala 3 (Windhoek) 19 - 20 July 2024 |
|       | 50 Back          | 39.57    | <b>19-Jul-24</b> | DOL  | Guoxuan Huang   | at SC Gala 3 (Windhoek) 19 - 20 July 2024 |
|       | 50 Fly           | 39.70    | <b>14-Jun-24</b> | DOL  | Guoxuan Huang   | SC gala 2 2024                            |
|       | 100 IM           | 1:27.20  | <b>14-Jun-24</b> | DOL  | Guoxuan Huang   | SC gala 2 2024                            |
|       | 200 IM           | 3:09.47  | <b>14-Jun-24</b> | DOL  | Guoxuan Huang   | SC Gala 2 2024                            |
| 9-10  | 50 Free          | 30.32    | <b>15-May-15</b> | DOL  | Bernhardt van der Walt - Night League (May '15)                   |   |
|       | 50 Back          | 34.56    | <b>17-Jun-15</b> | DOL  | Bernhardt van der Walt - Night League 2 (June '15)                |   |
|       | 200 Medley Relay | 2:45.87  | <b>12-Jul-19</b> | AQUA | Aqua Relay - L. Esterhuizen, E. Nakaleke, K. Benade, M. Tibazarwa |   |
|       | 400 Medley Relay | 6:09.90  | <b>21-Jun-19</b> | AQUA | Aqua Relay - L. Esterhuizen, E. Nakaleke, M. Tibazarwa, K. Bena   |   |
| 11-12 | 200 Free Relay   | 2:02.01  | <b>2-Jul-16</b>  | DOL  | Dolphins Relay - Bernhard, Friederich, Christopher, Mikah         |   |
| 13-14 | 1500 Free        | 17:55.76 | <b>19-Jul-24</b> | DOL  | Naan Jiao at SC Gala 3 (Windhoek) 19 - 20 July 2024               |   |
|       | 200 Free Relay   | 1:48.29  | <b>29-Jul-22</b> | DOL  | Dolphins Swimming Club L. Kinnaird, F. Steyn, M. Bauernschr       |   |
| Open  | 400 Medley Relay | 4:15.00  | <b>21-Jun-19</b> | NSA  | NSA Relay - De Jager, Wantenaar, Canjulo, Fitzpatrick (June '19)  |   |

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### RECORDS NASFED SC

#### SC Meters-Mixed

|        |                  |         |                  |      |  |                                    |
|--------|------------------|---------|------------------|------|--|------------------------------------|
| 9-10   | 400 Free Relay   | 5:26.60 | <b>12-Jul-19</b> | AQUA | Aqua Relay - Tibazarwa, Nitsche, Kapapa, Nakaleke (Jun '19)        |                                    |
| 10 & U | 400 Medley Relay | 5:34.93 | <b>14-Jun-24</b> | DOL  | Dolphins Swimming Club   | D. Badenhort, J. Oudshoorn, P. Dur |
| 17-18  | 400 Free Relay   | 4:00.16 | <b>12-Jul-19</b> | DOL  | Dolphins Relay - V. Ellmies, H. Stergiadis, M. Henning, A. Wellmar |                                    |